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The Art Of Perfection. Preserved For Your Table.



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Tokyo - 12 January 2024 . Your new favourite tomato soup recipe made with European canned tomatoes.

NAPLES, Italy , Jan. 12, 2024 /PRNewswire/ -- In winter, when a steaming bowl of tomato soup is just what you want, fresh tomatoes are not always available. But even when tomatoes are not in season, you can still make this easy soup thanks to one special ingredient: canned tomatoes.

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Our tomatoes are picked at their peak of ripeness, full of Mediterranean sunshine and utterly delicious. But while many foods are at their best eaten raw and fresh, tomatoes provide a higher level of lycopene – a protective antioxidant - when canned than when raw.

This easy soup recipe combines organic canned tomatoes with a classic base of sautéed vegetables to create layers of flavour. Caramelising the tomato paste gives a wonderful depth to your soup.

Easy Tomato Soup: Serves: 6-8

Ingredients:

- 1 large yellow or white onion, roughly chopped
- 3 large carrots, peeled and roughly chopped
- 2 celery sticks, roughly chopped

to crush the whole tomatoes. Adjust seasoning.

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6. Transfer the tomato mixture to a blender and process until smooth. (Or process in the pan using a stick blender.)

7. Garnish with fresh basil if you wish, a drizzle of olive oil and serve.

Enjoy. It's from **Europe** !

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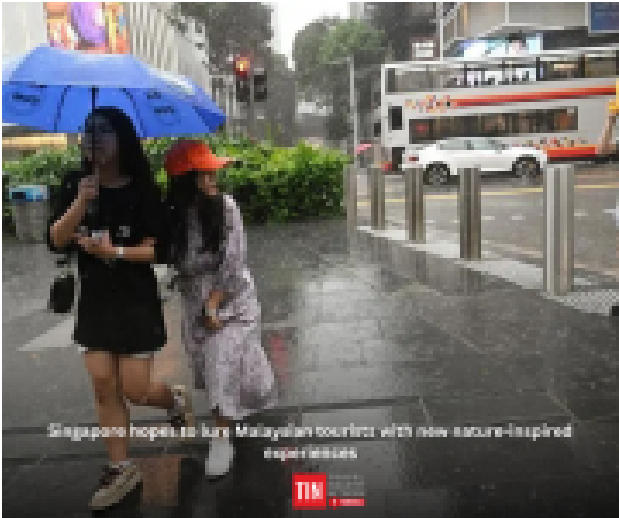
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